

# AGEING WELL HONG KONG 2026 CONFERENCE

*Health, Wealth and Innovation for a World-Leading Silver Society*

## Call for Papers

## CALL FOR PAPERS

Under the theme of: *Health, Wealth and Innovation for a World-Leading Silver Society*, the Ageing Well Hong Kong Organising Committee is inviting interested healthcare, technology, financial services professionals and academics to submit current papers on a wide range of topics related to the theme.

## THE CONFERENCE

Hong Kong has the highest life expectancy in the world — a remarkable achievement, and one that brings with it a profound question: how do we ensure that longer lives are also healthier, more financially secure, and better supported by the systems around us?

**Ageing Well Hong Kong 2026** is a landmark cross-sector conference that reframes this question as an opportunity. Convened by the Actuarial Society of Hong Kong (ASHK), the conference brings together leaders from healthcare, finance, technology, public policy, insurance, and the actuarial profession to explore how addressing Hong Kong's ageing and health challenges can drive business innovation and sustainable, positive economic and lasting social impact.

Dates:	21–22 October 2026
Venue:	Hopewell Hotel, Wan Chai, Hong Kong
Attendees:	- Actuaries and Insurance Professionals - Financial Services and Wealth Professionals - Healthcare and Biotech Leaders - Technology Innovators - Policy Makers and Regulators

## THE AGENDA

### Addressing Hong Kong's Most Pressing Challenges

Hong Kong's ageing population is reshaping demand across healthcare, retirement planning, caregiving and public services. This conference provides a platform to debate and confront these challenges head-on:

- **Health and the Burden of Chronic Disease:** The conference examines advances in early detection, screening accessibility, medical advancements, and holistic approaches to care — alongside what these mean for the sustainability of our healthcare system.
- **Financial Resilience Across Longer Lives:** As life expectancy extends, the risk of outliving one's savings grows. The conference addresses retirement adequacy, the evolving role of MPF, and how individuals and institutions can plan for potential decades of post-retirement life.
- **Building a Stronger Silver Society:** By convening experts across policy, community services and the private sector, the conference aims to shape solutions that strengthen social resilience and ensure dignity in ageing.

### Unlocking the Silver Economy

A world-leading silver society is not only a social aspiration — it represents one of the most significant commercial frontiers of the coming decade.

- **New Propositions for New Needs:** The ageing population creates demand for innovative health, protection and retirement solutions — from integrated health-and-wealth propositions to next-generation caregiving models.

- **Technology at the Forefront:** HealthTech and WealthTech innovators are developing scalable solutions — from AI-assisted diagnostics, telemedicine, tech-enabled treatments and care, to digital financial planning tools — that can transform how Hong Kong ages.
- **GBA Opportunity:** Hong Kong's unique position as a mature, high-income ageing market makes it an ideal proving ground for solutions that can scale across the Greater Bay Area's rapidly ageing population and developing economy.
- **High-Value Partnerships:** The conference provides direct access to senior leaders from insurers, healthcare providers, asset managers and policymakers — decision-makers shaping the silver economy.

## SUBMISSION PROCESS

You can submit an abstract for a presentation even if you do not have the final paper ready yet. The paper submission deadline is 28 Jun 2026, and you can submit it <[here](#)>. Presenters whose papers are accepted are invited to present in person during the conference on 21 or 22 October 2026.

28 Jun	Deadline for submitting the Expressions of Interest form
8 Jul	Organising Committee to confirm acceptance and notify presenters
28 Aug	Submission of presentation materials for the Organising Committee's review
9 Oct	Briefing with presenters completed
21 & 22 Oct	Conference



<https://bit.ly/AWHK26CFP>

## Points to note

- Please note that the Organising Committee will assess the Topic and quality of Abstracts when selecting submissions for the conference. Due to the limited capacity of the programme, we regret that not all submissions will be accepted.
- Material should be delivered in a session of approximately 30 minutes long, including Q&A (subject to final confirmation by the Organisation Committee based on the overall programme).
- All submissions and deliveries are preferred to be in English.
- Authors are required to provide an electronic copy of their material by email. This material will be published on the ASHK website after the conference. By submitting the material to the Organising Committee, the author will be deemed to have given permission to publish it.
- The ASHK's policy is not to provide any honorarium or reimburse travel expenses incurred by the author/speaker. The speaker will be offered a complimentary pass to the conference.

## TOPICS AREA

Topics related to the theme could include, but are not limited to, the following

### Health

The latest in longevity research

Healthy Ageing - Strategies for maintaining physical and cognitive health in older adults

Managing medical advances

Reimaging healthcare with AI

New diagnosis/treatment/medicine

Traditional Chinese Medicine

Integrated Chinese-Western Medicine

Alternative medicine

Gut health & microbiomes

### Wealth

'Maximise' Retirement Income for MPF participants

MPF decumulation: Is cashing out the best retirement option?

Turning assets into an income stream for retirement

The use of non-traditional asset classes in funding retirement

Pension Technology & Planning Tools

Global Financial Innovation for Hong Kong's Retirement Solutions

Long-term investment strategy for major geopolitical and geoeconomic changes

### Other

Case studies: Ageing innovations in action to serve the silver population

Use of AI and robotics in elderly care

Use of AI in health insurance

Long-term care insurance examples across the globe

Sustainable health insurance for an ageing population

Insurance Innovation for the substandard group

## Enquiries

Actuarial Society of Hong Kong

[info@actuaries.org.hk](mailto:info@actuaries.org.hk)